The Benefits of Hands-On Training

The ASTAR “jungle gym” trains recruits on proper ergonomics for a more safe and realistic experience.

Correct ergonomic posture prevents injury and fatigue and results in more accurate work.

Recreates confined spaces and odd angles that technicians will encounter on the floor.

Develops senses in advance so recruits are prepared to use their sense of touch in blind spots.

Develops muscle memory before trainees go on the real floor.

One program reports that ASTAR took their new hires from a 23 week training period that resulted in 50% efficiency, to a 6 to 8 week course that resulted in 65% efficiency.