

Exploring the Natural World Through the Arts

Penny Russell, Wolf Trap Master Teaching Artist

Maria Tripodi, Wolf Trap Master Teaching Artist

Sing along with Ms. Penny and her puppet friends as they tell stories about the animals found in and around the great big tree, and then move along with Ms. Maria as she explores the garden!

To Prepare for This Workshop

- **Have everybody join!** This workshop is interactive and will include something for everyone! We encourage you to share this experience with everyone!
- **Find an open space and get ready to move!** You will experience opportunities for movement like stretching, moving your arms and jumping in place -- so if possible, join from a space that allows everyone to move freely.
- **Wear comfortable clothes.** Everybody should wear something they can move around in easily!
- **Join at your own pace.** Don't worry if your child chooses not to participate in the whole experience, or is shy at first. They will be encouraged to join in if they see others participating.
- **Take the time you need.** If you have infants or very young children in your group, feel free to adjust the speed of any experience to fit the child's individual age/stage.
- **Adapt to work for you.** All of the activities should feel safe and comfortable for everyone. Please feel free to skip or adapt any part of an experience that doesn't feel right for you.
- **Please no recording.** To ensure the most-interactive and safe experience for you and our Wolf Trap teaching artist(s), please turn off any recording devices before you join the fun.
- **Save the snack for later.** During this workshop, you may be asked to participate with your hands, feet, even your mouth! You'll want to make sure everyone is snack-free and ready to go.

Song Lyrics

"Hello Song", Penny Russell

Hello, everybody

Hello, everybody

Hello, everybody

Glad you're here today

Hello, everybody, hello
Hello, everybody, hello

“Grey Squirrel”, traditional

Grey Squirrel, Grey Squirrel shake your bushy tail
Grey Squirrel, Grey Squirrel shake your bushy tail

Wrinkle up your tiny nose
Hold a nut between your toes
Grey Squirrel, Grey Squirrel shake your bushy tail

“Roots Grow Down”, Penny Russell

The roots grow down (3X)
The stem shoots up (3X)
The leaves grow out (3X)
And the flower blooms
And the petals wave

“Shake Your Roots”, Penny Russell

You’re gonna shake your roots, shake your roots, shake your roots
Shake your roots, shake your roots, shake your roots
Shake your roots, shake your roots, shake your roots
Shake your roots

You’re gonna shake your stem...
You’re gonna shake your leaves...
You’re gonna shake your flower...
You’re gonna shake your plant...

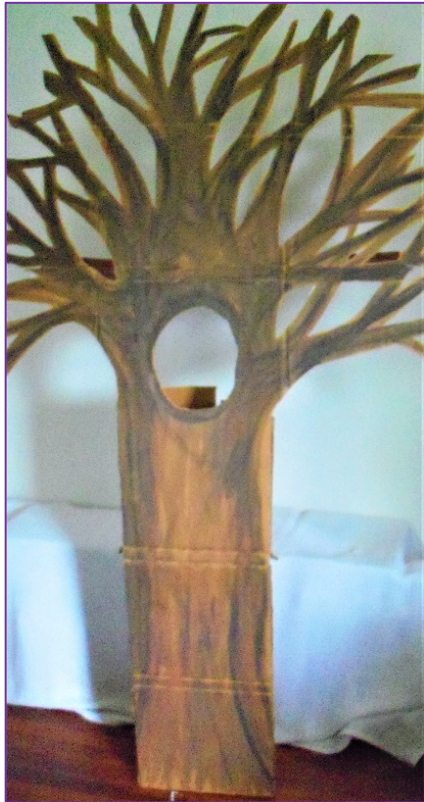
“Hibernation”, Penny Russell

Hibernation, hibernation, hibernation
In Winter, that’s what we do
Hibernation, hibernation, hibernation
In Springtime, we’ll all be through
Hibernation, hibernation, hibernation

If you’re a turtle or bug
If you’re a bear or a skunk
Or a tiny chipmunk
It’s hibernation, hibernation, hibernation

**Are you interested in building your own Puppet Tree?
Here are some construction tips from Penny Russell.**

Front



Back



“All of my trees are made of cardboard boxes of various sizes. I use bamboo sticks, curtain rods, or yard sticks for support. I use watercolor paint to decorate it, and paper, scarves and fabric for leaves.”



Wolf Trap Foundation for the Performing Arts

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